

7 Skin Care Trends You'll See Through 2019

Out with the old and in with the retinol, dewy skin and beauty supplements. We sought out a few seasoned experts to clue us in on 2019's seven biggest trends in skin care.

DEWY SKIN IS IN

According to plastic surgeon [Dr. Melissa Doft](#), our [Instagram-fueled obsession](#) with dewy skin isn't going anywhere. "Patients want brighter, dewier skin," she says. But this time, skip the highlighter and instead opt for brightening serums and hydrating oils that are more "lit from within" and less "disco glitter drama queen."

Get the look: [Peach & Lily Glass Skin Refining Serum](#) (\$39)

UNDERSTANDING INGREDIENTS IS KEY

That's because, according to Dr. Doft, more and more consumers are reading labels. They're on the lookout for efficacy, especially in the form of higher levels of active ingredients. Think vitamin C and sunscreen—SPF 50 or more, baby.

Try it: [La Roche-Posay Anthelios Melt-In Sunscreen Milk SPF 60](#) (\$36)