

# People Are Injecting Blood Into Their Scalps for Hair Loss — and It Works

Platelet Rich Plasma might be the best hair loss treatment you've never heard of — yet.

By **Erin Lukas** | Jan 28, 2019 @ 11:00 am

## HOW FAST DOES HAIR GROW BACK?

"It depends on the etiology and how long the hair has been gone from the area," says [Dr. Melissa Doft](#), a plastic surgeon in New York City. "For example, if you have alopecia caused by stress, pregnancy, or another trauma and treat it right away, there's a greater chance that the hair follicles will be stimulated and the hair will grow back. However, I've had male patients who have had hair loss for a while and have seen some small hair regrowth when I've injected them. Also, the hair that they do have has gotten thicker."

The hair growth cycle is also a factor. Hair has a dormant period, a fast growth period, and then sheds. These three stages repeat themselves. "One of the many reasons you want to do a number of sessions that are spread out is because you want to hit all of the hair follicles when they're coming out of the dormant stage and are ready to grow," explains Dr. Doft.

Typically, hair loss patients will see the most results in 3-6 months. While studies have shown great results, just like any hair loss treatment, there isn't a 100 percent guarantee that it will work. To avoid doing anything that will be detrimental to new hair growth, Dr. Cangello suggests avoiding chemical hair treatments during the PRP treatment process. Dr. Doft also recommends not using any hair products that contain sulfates.

## CAN THE HAIR LOSS COME BACK?

The bad news? Yes. Even though PRP can be an extremely effective treatment option for hair loss, both Dr. Cangello and Dr. Doft say that because it's so new, the long-term effects of PRP are still being studied.