



Expert: Tom Sandoval's ear Botox is 'not common'

Reality TV bartender Tom Sandoval is into taking different kinds of shots.

The “Vanderpump Rules” star, 35, shared his extensive grooming routine [with PopSugar](#), revealing that in addition to trimming his leg hair and using self-tanner, he [has gotten Botox injections](#) — in unexpected spots.

“Just above my ears, I’ve done Botox,” he tells the site. “When I smile, my ears move up a lot and it keeps my hair from going over my ears . . . I’ve done it twice and it lasts for a long time.”

Although the most common use of Botox, according to the Mayo Clinic, is “to temporarily relax the facial muscles that cause wrinkles in the forehead and around the eyes,” the injectable can have a range of uses that are both practical and cosmetic, including [reducing sweating](#) and minimizing migraines.

Dr. Melissa Doft, an Upper East Side plastic surgeon, tells The Post that Botox above the ears “is not a common request,” because the muscles around the ears “have minimal function, with the exception of being able to wiggle the ear in some people.” In fact, she sees more patients injecting their ear lobes to perk them up and make earrings hang better, [a trend that The Post reported on](#) in 2017.

Still, Sandoval’s method would indeed have an effect on the hairline around the ear area. “Placing Botox above the ear entails injecting it into the superior auricular muscle which normally would lift the ear when smiling,” she says. “By decreasing the function of the muscle with Botox, the ear would not move.”

But it’s not without potential woes.

Although she has not experienced this in her practice, Doft says, “There have been cases of hearing loss (mostly transient) and tinnitus (ringing of the ears) in the literature when Botox is placed near the ears.”