

GIRL TALK

Manhattan's leading ladies in aesthetics offer personal insight into what a woman wants.

By Phoebe Wahl



DR. KAUVAR
THE ARCHITECT

"A lot of the problems stem from loss of fat in the mid-cheek," says renowned board-certified dermatologist Dr. Anella N.B. Kauvar. She specializes in helping patients rebuild their facial structure so they look like the best version of themselves. She also combines injectables, laser and radio frequency treatments and other innovative applications such as PRP. 1014 Fifth Ave., nylowerskin.com



COMPLETESKINMD
SISTER ACT

Sisters Dr. Elizabeth Hale and Dr. Julie Karen, dermatologists in their 40s, are both mothers of three—so they understand their patients' needs firsthand. Patients can expect the same natural look the two beauties rock themselves. A reliable bedside manner and lighthearted "less is more" approach help their patients, too. 225 E. 64th St., 2nd floor, completeskinmd.com



DR. WEXLER
THE OG OF BOTOX

"I was the first person in New York doing cosmetic Botox," shares esteemed cosmetic dermatologist Dr. Patricia Wexler. Her A-list clientele has flocked to her for more than 25 years for a naturally freshened look that is never heavy-handed. "There is a fear of looking overdone," she says. "You go to someone whose aesthetic you like." 145 E. 32nd St., 7th floor, wexlerdermatology.com



DR. DOFT
BESTIE BEDSIDE MANNER

"For plastic, it is still a rarity," notes Dr. Melissa Doft of being a female plastic surgeon. Coupling her kind bedside manner with a celebrated career as a leading surgeon, Doft leans toward a more understated look. "Implants are heavy. I am a woman who knows what it feels like to run after your children in the park," says the mother of two. 755 Park Ave., doftplasticsurgery.com



DR. RUSSAK
RESTORATIONIST

"Being a female, I look at it as if I was doing it to myself and how I would like to look," says Dr. Julie Russak, founder and CEO of Russak Dermatology Clinic. With a gentle touch, Russak helps her patients take a restorative approach to aging, citing PRP, fillers, threads, lasers and Ultherapy as just a few of the things in her toolkit. "Nobody wants to leave the office looking like they had anything done," she says. 115 E. 57th St., 3rd, 1220, russakdermatology.com